

WHY JOIN THE NEBRASKA ASSOCIATION FOR INFANT MENTAL HEALTH?

Becoming a part of NAIMH gives you the opportunity to join a statewide learning community that studies and promotes the social emotional well-being of young children. Plus, you'll have access to:

- Live and recorded webinars
- Information about infant, toddler and early childhood mental health
- Listings of upcoming early childhood-related trainings in Nebraska

Join us now! Connect with us on Facebook or visit www.nebraskainfantmentalhealth.org.

WHERE ARE WE?

There are local affiliates of the state association across state in Western (Panhandle), North Central (Valentine area), High Plains (Ogallala-North Platte-McCook), North Eastern (Norfolk area), South-Central (Hastings area), Central (GI, Kearney area) Lincoln, Omaha, and other groups are forming now.



FIND OUT MORE.

Connect with us on Facebook or go to:

www.nebraskainfantmentalhealth.org



Promoting the mental well-being and health of infants and young children across Nebraska





WHAT IS INFANT/EARLY CHILDHOOD MENTAL HEALTH?

Infant and early childhood mental health encompasses young children's developing capacity to experience, manage and express emotions; form close, secure relationships; and actively explore and learn – all in the context of a care giving environment that includes family, community and culture.

WHY ARE WE HERE?

NAIMH exists to promote and support nurturing relationships for all young children. Our goal is to offer an interdisciplinary organization that supports and encourages coordination and collaboration efforts to help children and families develop optimally. In doing so, we also aim to:

- Provide a forum for interaction and study among mental health and public health professionals, educators, social services professionals, families and others;
- Advocate for expansion of infant and early childhood mental health services and supports, and
- Promote an increased understanding of infant and early childhood mental health.

WE ARE DEVOTED TO

- Promotion of healthy social and emotional development
- Prevention of mental health problems
- Treatment of the mental health problems of very young children in the context of their families



WHAT ARE WE UP TO?

Like minded members who promote the well-being of the young child though NAIMH are embedded throughout the state in a variety of positions across disciplines and are:

- Raising community and stakeholder awareness of infant mental health/social-emotional development and its presence in preventative disciplines that support young children and their families
- Collaborating with the Nebraska Department of Education and Nebraska Department of Health and Human Services on training and appropriate intervention strategies.
- Engaging with state-level administrators and other stakeholders to raise awareness and promote expansion of evidence-based practices for young children and their families (e.g., Child Parent Psychotherapy, Circle of Security® Parenting™ and Parent Child Interaction Therapy)

BECOME A MEMBER. JOIN THE MOVEMENT.

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